LittleEARS

Glue ear symptom diary

You can print this diary and monitor your child's symptoms of hearing loss and physical health during the watchful waiting period.

Example

Month	e.g. December																															
Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Comments
Hearing loss																							X	X								
Earache/ear infection																X	X	X														
Unwell/high temperature																	X	X														
Disturbed sleep																		X	X	X												
Visit to the GP surgery																																

Month																																
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